## **Press Release**

## Karnataka, Delhi lifters open KIYG gold account

**Pune, January 13:** Karnataka and Delhi opened their gold medal tally in weightlifting on day five of the Khelo India Youth Games 2019 played at Shri Shiv Chhatrapati Sports Complex, Pune here on Sunday.

Akshata Kamati and Harshit Sehrawat from Karnataka and Delhi were the artisans of gold honours for their respective States. The medal tally for weightlifting is interestingly poised as Punjab with four gold have gone past Mizoram and Manipur (three each), while Andhra Pradesh, Tamil Nadu, Haryana have inched closer by adding a gold each to their tally on the day.

In the morning, P Dhatri of Andhra Pradesh lifted the women's 71kg U-17 gold with a total of 151 kg (snatch 70kg, clean and jerk 81kg) despite two failed attempts in the second category. Kerala's Anjana Sreejith took silver with 145kg (snatch 65kg, clean and jerk 80kg) and Jyoti Yadav of Haryana earned bronze with a total of 142 kg.

In the women's U-21 71kg, Akshata and Lavanya Rai gave Karnataka cause to celebrate with a gold-silver double. Akshata failed in three attempts out of six on offer, but still managed to earn gold with a total of 176 kg (snatch 73kg, clean and jerk 103kg) while Lavanya totaled 174 kg (snatch 79kg, clean and jerk 95kg). P.H. Roshni of Arunachal Pradesh won bronze lifting a total of 167 kg.

The 76kg U-17 women's event saw Tamanna of Haryana dominate the competition with a total of 172 kg (snatch 75kg, clean and jerk 97kg). Shreya Gunamukhi of Maharashtra finished lifting 147 kg (snatch 75kg, clean and jerk 81kg) while Chukka Sri Lakshmi of Andhra Pradesh took bronze with a total of 139 kg.

R. Arockiya Alish was the gold-getter for Tamil Nadu in the women's 76kg U-21 class lifting a total of 193kg (snatch 80kg, clean and jerk 108kg). A. Tumina Devi (Manipur) won silver (177kg) and Mayuri Deore (Maharashtra) took the bronze (176kg).

The final battle on the day featured the mens' 96kg youth and junior categories. It was a double delight for Abhimanya Panday from Punjab in the U-17s by first being bettering his earlier record by five kilos in clean and jerk with 148kg. He also improved on his total from 253kg to 260kg.

Silver went to Ch. Rahul Singh of Manipur on 239kg (snatch 102kg, clean and jerk 137kg), while Gautam Singh of UP won bronze (236kg).

In U-21 action, Delhi's Sehrawat took gold on a total of 291kg (snatch 133kg, clean and jerk 158 kg), Kalyan Singh (Himachal Pradesh) won silver on 281kg (snatch 123 kg, clean and jerk 158kg) while Kanha Tyagi of Madhya Pradesh got the bronze with total of 280kg.

## **RESULTS:**

**U-17 Women's 71kg**: 1. P. Dhatri (AP) 151 kg, 2. Anjana Sreejith (Krl) 145 kg, 3. Jyoti Yadav (Hrn) 142 kg.

**U-21 Women's 71kg**: 1. Akshata Kamati (Krn) 176 kg, 2. Lavanya Rai (Krn) 174 kg, 3. PH Roshni (Arn) 167 kg.

**U-17 Women's 76kg**: 1. Tamanna (Hrn) 172 kg, 2. Shreya Gunamukhi (Mah) 147 kg, 3. Chukka Sri Lakshmi (AP) 139 kg.

**U-21 Women's 76kg**: 1. R. Arockiya Alish (Tnd) 193 kg, 2. A. Tumina Devi (Mnp) 177 kg, 3. Mayuri Deore (Mah) 176 kg.

**U-17 Men's 96kg**: 1. Abhimanyu Panday (Pun) 260kg, 2. CH. Rahul Singh (Mnp) 239 kg, 3. Gautam Singh (UP) 236 kg.

**U-21 Men's 96kg**: 1. Harshit Sehrawat (Del) 291 kg, 2. Kalyan Singh (HP) 281 kg, 3. Kanha Tyagi (MP) 280 kg.